**Life as an Anglo–Saxon (full day)**

**Key Stage: KS1/2**

**Learning Objectives:** What was life like for Anglo-Saxons

How does it compare to modern life?

**Curriculum Links: KS1** Historical Enquiry - 4a

Breadth of Study – 6b

KS2 Chronological understanding - 1a

Knowledge and understanding of events, people and changes - 4a & b

Local history study - 7.

British history - 8a

**Workshop Description**: In this full day of activities students will be immersed into Anglo-Saxon life . They will discover what they ate and drank and how they got it. They will have the chance to look at clothing and find out how Anglo-Saxons kept healthy and clean. Students will also learn some basic phrases in old English, discover how tribes prepared for battle and have a go at some Anglo-Saxon pastimes.

After lunch they will undertake warrior training and go on a boar hunt.

